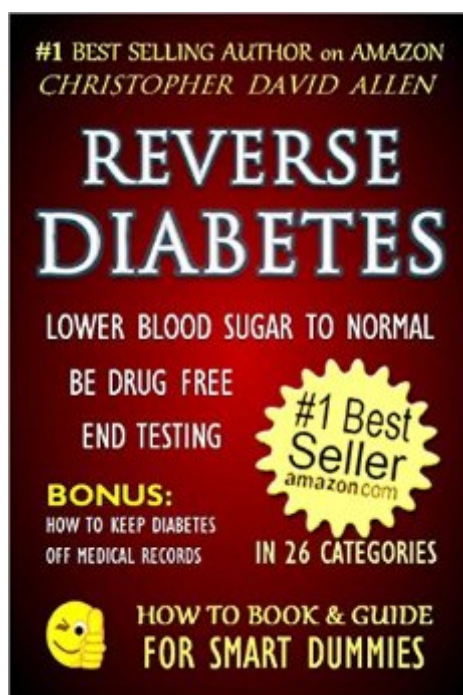


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# REVERSE DIABETES - LOWER BLOOD SUGAR TO NORMAL - BE DRUG FREE - END TESTING - BONUS: HOW TO KEEP DIABETES OFF MEDICAL RECORDS (Diabetes Cure, Diabetes Diet) (HOW TO BOOK & GUIDE FOR SMART DUMMIES 1)



## Synopsis

DIABETES IS REVERSIBLE â | HERE IS THE EASY PROVEN PROCESS ... READ ONBy  
International Best Selling & #1 Best Selling AuthorCHRISTOPHER DAVID ALLEND  
DOCTOR  
REVIEWS:â œThe must-have diabetes avoidance and reversal guideâ • (Dr. Jonathan Johnson  
MD)â œOverall I read it and I can tell you that it is very concise and easy to understand for patients.  
A great tool for diabetics and patients that are dealing with elevated sugarsâ • (Dr. Andreas  
Grossgold MD)Diabetes is reversible and curable without drugs.Forever vanquish needles,  
prescriptions, insulin, and medication side effects. These medical interventions are NOT NEEDED  
to reverse diabetes and live a normal long life.Normalize blood sugar, fix insulin resistance, end  
neuropathy pain, reverse nerve damage, and other diabetes problems. Avoid blindness,  
amputation, heart disease, cancer, and a painful early demise.Rebounding on a mini trampoline is  
recommended by the author. Rebounding is low impact, easy to do at home, and fun â | Ask any kid  
if jumping up and down for joy is fun. An inexpensive rebounder burns calories:9 times faster than  
walking5 times faster than swimming3 times faster than joggingDiabetes is ranked as the #7 killer in  
the USA. When you consider that most diabetics have heart disease (#1 killer) or cancer (#2 killer)  
on their death certificates and NOT diabetes which was the underlying cause, diabetes is more like  
the #3 killer that causes #1 & #2A hidden problem is the big Pharmaceutical Conglomerates that are  
above the law and lie about the drugs. They control medical education and want to protect massive  
diabetes drug profits. Big Pharma wants you on their highly profitable drugs regardless of negative  
health effects and suffering. Big Pharma loves sick people as they are highly profitable!The drugs  
have many hidden risks and negative side effects.If you have Prediabetes, Type 2, Type 1, or love  
someone with diabetes ... This book is for you.Why suffer the consequences of diabetes when you  
can avoid or reverse diabetes to reclaim your life, longevity, and freedom from expensive horrific  
drugs.Lower blood sugar to normalBe drug freeBe pain freeEnd testingLive a normal long  
lifeBONUS: Self-Testing To Keep â œDiabetesâ • Off Your Medical RecordsARE YOU READY TO  
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Diabetes Breakthrough, Diabetes Care, Diabetes Treatment, End Diabetes, Gestational Diabetes,  
Type 1 Diabetes, Insulin, Diabetic Superfood, Diabetes Free, Reversing Diabetes, Diabetes  
Magazine, Diabetes Diet Cookbook, Diabetes Diet Plan, Diabetes Management, Diabetes Diet  
Book, Diabetes Diet For Maximum Health, Diabetes Diet For Weight Loss, Diabetes Box Set,  
Ultimate Diet, Diet Books, paleo diet, dash diet, ketogenic diet, mediterranean diet, weight loss,

weight loss motivation, weight loss for women, weight loss tips, weight loss smoothies, weight loss stories, weight loss books, diabetes control, diabetes reversal, diabetes type 1, diabetes type 2, prediabetes, diabetes nutrition, diabetes & carbs, diabetes basics, diabetes cure book, diabetes cure guide, diabetes ebooks, diabetes diet plan, diabetes guide, diabetes glucose, diabetes guidelines, diabetes kindle books, diabetes low carb, diabetes meal planning, diabetes meal plans, diabetes nutrition, diabetes natural cures, diabetes no more, diabetes prevention, diabetes solution

## **Book Information**

File Size: 3075 KB

Print Length: 217 pages

Publisher: GOOD ADVICE SELF-HELP BOOK PUBLICATIONS (February 23, 2016)

Publication Date: February 23, 2016

Sold by:Â Digital Services LLC

Language: English

ASIN: B01C51G8O8

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #9,172 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #1 inÂ Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Special Diet > Diabetic & Sugar-Free #1 inÂ Kindle Store > Kindle eBooks > Teen & Young Adult > Personal Health #1 inÂ Kindle Store > Kindle eBooks > Medical eBooks > Specialties > Preventive Medicine

## **Customer Reviews**

Another remarkable book by International Best Selling and 22-time #1 Best Selling Author (check out his other books in the How To Book & Guide For Smart Dummies Series). This ground-breaking book is the best guide about reversing or avoiding diabetes out there. There is much info you will NOT see in any other book about diabetes (all types of diabetes including prediabetes, type 1, type 2, LADA, and gestational). The Author correctly points out a common medical misconception that diabetes is NOT a series of diseases, all forms of diabetes share the single symptom of "high blood glucose". The process Mr. Allen advocates to use inexpensive self-testing at home with an inexpensive test meter gives significant advantages: 1 Avoiding a diabetes diagnosis on your

medical records could save you a small fortune on medical insurance and life insurance that would otherwise see much higher rates or denial of insurance.<sup>2</sup> No need to visit a doctor, clinic, or hospital for diagnosis and treatment can save you a small fortune and a lot of time in doing so.<sup>3</sup> Discovering your own custom anti-diabetes diet to quickly reverse diabetes and end the need for testing, medications, and needles.<sup>4</sup> Reclaim normal longevity and a higher quality of life, without suffering the diseases commonly associated with diabetes (heart disease, stroke, cancer, blindness, amputation, and the list goes on). The diet advice is outstanding and it is important to note that a diabetes diet is much easier to follow than weight loss diets that fail. This is because you will be discovering the foods you love that achieve lower blood sugar and finding good foods to substitute for the bad ones that spike your blood sugar.

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